

# 2010 Nurse Refresher Program

In this age of rapid technological advances in the health care community, the nursing profession has experienced increasing patient care complexity both in theory and in the clinical setting. These changes have created many new and exciting opportunities for employment.

Kalamazoo Valley Community College is offering a five-week Nurse Refresher course designed for the licensed practical nurse (LPN) and the registered nurse (RN) preparing to re-enter the nursing field.

## Course Description

In this course, participants can expect to update the theoretical knowledge and clinical skills of licensed nurses who have not recently practiced nursing, enabling them to regain competency. The course is contained within two sections. The first 3 weeks (NURS 9900) includes a review and update of basic nursing concepts and principles; a review and update of nursing skills and an update on nursing practice theory and principles. The following 2 weeks (NURS 9901) provide a variety of planned and supervised clinical practice experiences provided in a selected acute care setting. At the completion of the course, the participant will be prepared to enter an orientation program at an employing agency.

## Learning Outcomes

1. Demonstrate proficiency in basic nursing skills.
2. Demonstrate basic techniques of physical assessment.
3. Demonstrate proper techniques for medication administration: oral, IM and subcutaneous.
4. Demonstrate proper technique for monitoring intravenous fluids, blood and hyperalimentation.
5. Demonstrate appropriate understanding of medical and surgical asepsis.
6. Demonstrate appropriate understanding of pain management.

In addition to these objectives, the RN refresher will demonstrate proper technique for venipunctures, peripheral blood draws, central line blood draws and administering IV medication.

## Prerequisite Information

### Theory/Lab

- Current Michigan LPN or RN License
- Reading requirements prior to class

### Clinic

- Successful completion of NURS9900 course

A complete list of prerequisites for both classes can be found at:

[www.kvcc.edu/nursing/continuinged.htm](http://www.kvcc.edu/nursing/continuinged.htm)

**All prerequisites MUST be submitted no later than May 4, 2010**

NURS 9900 will be held at KVCC Nursing Lab—  
Rm 4150

NURS 9901 will be held at  
Three Rivers Health  
Three Rivers, MI

**NURS 9900—Theory/Lab**  
(44 Contact Hours—4.4 CEU)  
Tuesday thru Thursday  
**May 18—June 2, 2010**  
8:30 am to 3:00 pm  
**\$450.00\***

**NURS 9901—Clinic**  
(66 Contact Hours—6.6 CEU)  
Monday thru Thursday  
**June 3—17, 2010**  
7:00 am to 3:00 pm  
**\$225.00\***  
*\* Includes required lab fee*

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