

Johnny Dy

“The Golden Rule” has been my chosen principle since I had a taste of life inside and outside of my home. “Do unto others as you would have them do unto you.” My parents also emphasize this principle and it’s always been in my heart to help others no matter where I am. I consider nursing as a very rewarding profession not only because of job security and monetary considerations, but most importantly, the response I get from people I help everyday. It makes my heart feel good and helps me feel happy, proud and thankful that I saved a life for a living. That’s what keeps me inspired and alive everyday. The thought that I can make a person smile, happy and feel better each day, that’s what makes me love my profession

Honestly, I am one of the “regular guys” that thought a nursing job is a mold for women way back when I was in high school. I could not decide what to take in college. I thought if I found a profession which involves mathematics I could satisfy my love for numbers. One of the factors, which made me decide to take nursing, is the thought of being a guy; I can satisfy the need to handle tougher and challenging patients. I also considered how I could be a community and family role model and take care of my parents and siblings since I am the oldest among three. I can travel anywhere I want and help all kinds of people. Thus, the nursing profession became the goal of my life. I strived hard in nursing school to reach this goal and now I am glad I followed my intuitions. I now believe nursing is for anyone who has patience and power to help people become stronger and feel better.

By the way, in my entire family tree, there is only one nurse and she is the only one who traveled abroad and saw different cities. When she came home I had a nice chat with her and she became my inspiration. She was my only cousin who became a nurse and she was so happy with her life. From that time on, she taught me all kinds of medical terminologies and abbreviations. So, by the time I started nursing school, I was prepared for the medical words. She helped me a lot and inspired me every semester while I went through the 4 year BSN program. I was always prepared for the clinical rotation and the care plans through her guidance. My cousin was my mentor and inspiration.

Now that I have been a nurse for over 15 years, I still think of all these inspirations and principles as I take care of my patients. It helps me feel happy and satisfied everyday as I go along with my journey. I also help in a medical mission that goes internationally once a year and I feel that I pursued my nursing career be it for charity or paid. It makes me even more joyful to think that I help the poor and the needy. It is rewarding to think that I can help anyone anywhere, because I do believe whatever you do to others, it will always go back to you. Somebody there knows what you are doing in life. So, while we are living in this world, why don’t we follow the “Golden Rule”.